

Employee Wellness Committee



MEETING AGENDA

January 9, 2019

Facilitator: K.C. Kranz

Location: **Building 4, Room 2330**

Time: **2:00pm-3:30pm**

Committee Members:

| | | |
|-----------------|---------------------------------|----------------------------|
| Duetta Langevin | Sandra Weatherilt | Melissa Aguirre |
| Joanne Franco | Marti Whitford | Stacy Lee |
| Joe Jennum | Zaira Jimenez | Carmen Conover – Kaiser |
| K.C. Kranz | Lianne Greenlee | Meagan Nolan- Marion |
| Alexis Carter | David Castro/Arthur Gonzalez | Sandy Cisneros - UHC |
| | | Andie Solorzano (Notes) |

AGENDA ITEMS:

1. Welcome/Introduction
2. Agenda Review
3. Review meeting notes from November 7, 2018
4. Employee Wellness Fair Recap
5. Maintain Don't Gain
6. Strive to Thrive Challenge
7. Health Provider's Wellness Incentives

Employee Wellness Committee upcoming meetings:

February 6, 2019

March 6, 2019

April 3, 2019

May 1, 2019

Future Agenda Items: