

Employee Wellness Committee



MEETING AGENDA

March 6, 2019

Facilitator: K.C. Kranz

Location: **Building 4, Room 2330**

Time: **2:00pm-3:30pm**

Committee Members:

Duetta Langevin	Sandra Weatherilt	Melissa Aguirre
Joanne Franco	Marti Whitford	Stacy Lee
Joe Jennum	Zaira Jimenez	Carmen Conover – Kaiser
K.C. Kranz	Lianne Greenlee	Meagan Nolan- Marion
Alexis Carter	Arthur Gonzalez	Sandy Cisneros - UHC
		Andie Solorzano
		(Notes)

AGENDA ITEMS:

1. Welcome/Introduction
2. Agenda Review
3. Review meeting notes from February 6, 2019
4. Strive to Thrive Challenge wrap up party
5. Anti-Inflammatory Eating lecture
6. Spring Walker Tracker Wellness Challenge

Employee Wellness Committee upcoming meetings:

April 3, 2019

Future Agenda Items:

Kaiser Permanente Annual Report May