

Employee Wellness Committee



MEETING AGENDA

May 1, 2019

Facilitator: K.C. Kranz

Location: **Building 4, Room 2330**

Time: **2:00pm-3:30pm**

Committee Members:

Duetta Langevin	Sandra Weatherilt	Melissa Aguirre
Joanne Franco	Marti Whitford	Stacy Lee
Joe Jennum	Zaira Jimenez	Carmen Conover – Kaiser
K.C. Kranz	Lianne Greenlee	Meagan Nolan- Marion
Alexis Carter	Arthur Gonzalez	Sandy Cisneros - UHC
		Andie Solorzano (Notes)

AGENDA ITEMS:

1. Welcome/Introduction
2. Agenda Review
3. Review meeting notes from March 6, 2019
4. Kaiser Permanente Lifestyle Risk Report presented by Dr. Jack Chou
5. Committee Goals and Progress Report
6. Refresh and Recharge Wellness Challenge update
7. Upcoming Employee Wellness activities

Employee Wellness Committee upcoming meetings:

June 5, 2019

Future Agenda Items:

Employee Wellness Fair date