

**Mt. San Antonio College
Employee Wellness Committee
July 18, 2018**

Committee Members:

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|---|---|--|--|
| <input type="checkbox"/> Duetta Langevin | <input type="checkbox"/> Joe Jennum | <input type="checkbox"/> Marti Whitford | <input type="checkbox"/> Arthur Gonzalez - Unit 651 |
| <input checked="" type="checkbox"/> K.C. Kranz | <input checked="" type="checkbox"/> Stacy Lee | <input checked="" type="checkbox"/> Carmen Conover, Kaiser | Representative |
| <input checked="" type="checkbox"/> Joanne Franco | <input type="checkbox"/> Zaira Jimenez | <input checked="" type="checkbox"/> David Casto - Unit 651 | <input checked="" type="checkbox"/> Andrea Solorzano (notes) |
| <input type="checkbox"/> Sandra Weatherilt | <input checked="" type="checkbox"/> Lianne Greenlee | Representative | <input checked="" type="checkbox"/> Sandy Cisneros, UHC |
| <input checked="" type="checkbox"/> Melissa Aguirre | <input type="checkbox"/> Alexis Carter | <input checked="" type="checkbox"/> Meagan Nolan- Marion | |

ITEM	DISCUSSION/COMMENTS	ACTION/OUTCOME
1. Welcome/Introductions	Jose Pena attended for Marti Whitford	
2. Agenda Review		
3. Review meeting notes from June 6, 2018	Approved	Posted on Website
4. Real Food Challenge Wrap Up Party Planning	<p>The Challenge started on 6/25/18 and will end on 8/2/18. KC has reserved the Mountie Café from 11-1 on 8/2 for the wrap up party. Duetta helped with the ordering of the fruits and Veggies with Sodexo.</p> <p>Carmen at Kaiser was able to provide water bottles as giveaways.</p> <p>KC worked with Lianne and was able to create a smart sheet to have people register for participation. 113 have signed up and are participating. KC mentioned that we are missing the student workers and wasn't sure how to get the word out there through email. After discussion, not sure there is a way at this</p>	

	<p>time to directly contact student workers other than managers relaying the info.</p> <p>The committee agreed that the individuals that signed up for participation would be invited to the wrap up party this year.</p> <p>We will call the party the “ Real Food Celebration”</p> <p>Andie will bring the speaker for Music.</p> <p>Lianne offered signage we can use from POD and raffle tickets to be used for a raffle. Signage can be placed at the bottom of the stairs to the Mountie Café.</p> <p>It is suggested to set up an hour prior and KC is going to double check to see if the café will be opened or closed.</p> <p>Lianne will go over with KC outside of the meeting what set up could look like.</p> <p>There will be a check in table and giveaway table inside as it will be a hot day most likely.</p> <p>Jose from health services was going to check with Dr. Lee about raffling off Chiro visits and get back to KC by 7/23.</p> <p>The Vendor Farm Fresh to you will be there with a table as well.</p> <p>The committee meets the day before and can</p>	
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	<p>finalize items. Volunteers will be need to help during the party.</p>	
<p>5. Walker Tracker</p>	<p>The program has been purchased and KC is now reviewing it to see how all of it works. KC is meeting with the walker tracker rep on Thursday, 7/19/18 to review the program and get ready for the start date of 9/10/18 and ending on 10/21/18.</p> <p>KC will be marketing the program on Flex day and CPD day the weeks prior to launch.</p> <p>KC spoke with UCR to see what they used as incentives and how they used the program. We need money for the incentives and KC will try to approach the Foundation in Duetta's absence.</p> <p>Some suggestions for when the program starts are to have signs and markers throughout campus as promotion and motivation. Possibly even maps. KC will need help to do these type of things.</p>	

Wellness Task Force
Group Memory

	<p>Maria in POD can be contacted for Promotional item contact. POD uses this vendor.</p>	
<p>6. Employee Wellness Fair</p>	<p>The fair will take place on 11/30/18. Kaiser has already reserved the date for their Kaiser Mobile. KC has reserved the area on campus. Vendors will need to be contacted and hopefully get new giveaways.</p>	
<p>7. Money for marketing fliers</p>	<p>KC needs help with making prints for promotion fliers. Suggested that possibly splitting the cost between POD and Risk would be possible. Lianne is ok with it and we will check with Duetta when she returns.</p>	
<p>8.</p>		
<p><u>Future Action Items:</u> Survey for Interest in Wellness Look in to massage program</p>		

Future Meeting Dates:

- July 18, 2018**
- August 1, 2018**
- September 5, 2018**
- October 3, 2018**
- November 7, 2018**
- December 5, 2018**