Disclosure Form Part One

SISC - Self-Insured Schools of California Home Region: California

Principal benefits for Kaiser Permanente Traditional HMO Plan

(10/1/21-9/30/22)

Accumulation Period

The Accumulation Period for this plan is January 1 through December 31.

Out-of-Pocket Maximum(s) and Deductible(s)

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

Amounts Per Accumulation Period	Self-Only Coverage	Family Coverage	Family Coverage
	(a Family of one Member)	Each Member in a Family of two or more Members	Entire Family of two or more Members
Plan Out-of-Pocket Maximum	\$1,500	\$1,500	\$3,000
Plan Deductible	None	None	None
Drug Deductible	None	None	None
Professional Services (Plan Provider of		You Pay	Nono
Most Primary Care Visits and most Non-Physician Specialist Visits			
Most Physician Specialist Visits			
Routine physical maintenance exams, including well-woman exams			
Well-child preventive exams (through age 23 months)			
Family planning counseling and consultations			
Scheduled prenatal care exams			
Routine eye exams with a Plan Optometrist			
Urgent care consultations, evaluations, and treatment			
Most physical, occupational, and speech therapy		\$15 per visit	
Outpatient Services		You Pay	
Outpatient surgery and certain other outpatient			
Allergy antigens (including administration)			
Most immunizations (including the vaccine)		0	
Most X-rays and laboratory tests		.	
Hospitalization Services		You Pay	
Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs		0	
Emergency Health Coverage			
Emergency Department visits		\$100 per visit	tion to Ocot Oberna in standard of
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Disclosure Form Part One

Other	You Pay
Hearing aid(s) every 36 months	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period)	No charge
Prosthetic and orthotic devices as described in the EOC	
Services to diagnose or treat infertility and artificial insemination (such as outpatie	
procedures or laboratory tests) as described in the EOC	
Assisted reproductive technology ("ART") Services	Not covered
Hospice care	No charge
Chiropractic and Acupuncture Coverage (through ASH Plans)	You Pay

Up to a combined total of 30 Chiropractic and Acupuncture visits per year \$10 copay per visit

Kaiser Permanente contracts with American Specialty Health Plans (ASH) to provide chiropractic and acupuncture care. Members must receive all their benefits from ASH Plans participating providers. ASH Plans contracts with Participating Providers and other licensed providers to provide covered Chiropractic Services (including laboratory tests, X-rays, and chiropractic appliances). ASH Plans contracts with Participating Providers to provide acupuncture care (including adjunctive therapies, such as acupressure, moxibustion, or breathing techniques, when provided during the same course of treatment and in conjunction with acupuncture). You must receive covered Services from a Participating Provider or another licensed provider with which ASH contracts, except for Emergency Chiropractic Services, Emergency Acupuncture Services, Urgent Chiropractic Services, and Urgent Acupuncture Services, and Services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered Services that are authorized in advance by ASH Plans.

The list of Participating Providers is available on the ASH Plans website at **www.ashlink.com/ash/kp** or from the ASH Plans Customer Service Department at **1-800-678-9133**. The list of Participating Providers is subject to change at any time without notice.

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).