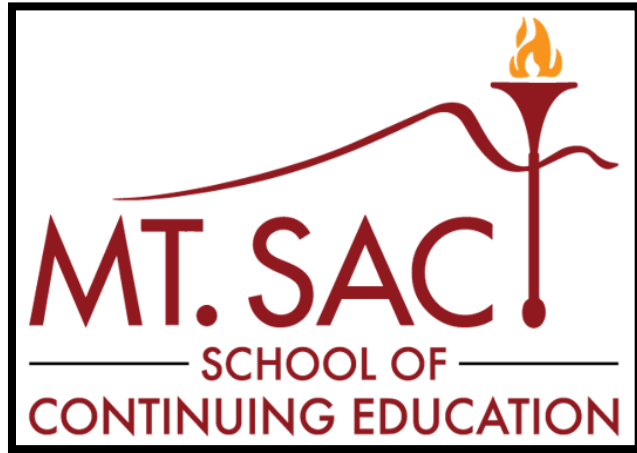


# Adults with Disabilities AWD/IMPACT Class Schedule Fall 2023



**August 28 to December 17, 2023**  
**Holidays: 9/4, 11/10, 11/23, and 11/24**  
**Registration begins on Monday, July 10**

## Contact Us

### Phone

909-274-4192

### Email

[impact@mtsac.edu](mailto:impact@mtsac.edu)

### Website

[www.mtsac.edu/impact](http://www.mtsac.edu/impact)

### Facebook

[www.facebook.com/mtsacimpact](http://www.facebook.com/mtsacimpact)

### Instagram

[www.instagram.com/mtsacimpact](http://www.instagram.com/mtsacimpact)

Version 2: Updated 7/6/23  
*Schedule subject to change.*

## Table of Contents

Class Location Key.....	3
Registration Information.....	4
Additional Program Information .....	6
Class Schedule .....	7
Budgeting and Money Skills .....	7
Communication and Managing Relationships .....	8
Functional Skills for Academic Success.....	9
Lifelong Learning and Community Involvement .....	10
Personal Safety and Emergency Preparedness.....	12
Preparing for a Career.....	13
Vocational Re-Entry Program.....	14
SCE SOS Tech Support.....	15
Semester Dates.....	16

## Class Location Key

### **CMRMPK ... Cameron Park Community Center**

1305 E. Cameron Ave.  
West Covina, CA 91790  
Phone: (626) 919-6966

### **LV ... La Verne Community Center**

3680 D Street  
La Verne, CA 91750  
Phone: (909) 596-8776

### **Mt. SAC ... Mt. San Antonio College**

1100 N. Grand Ave.  
Walnut, CA 91789  
Phone: (909) 274-4220

### **PLUM ... Stanley Plummer Building**

245 E. Bonita Ave.  
San Dimas, CA 91773  
Phone: (909) 394-6290

### **PVPK ... Palmview Park**

1340 E Puente Ave.  
West Covina, CA 91790  
Phone: (626) 919-6966

### **SD ... San Dimas Senior/Community Center**

201 E. Bonita Ave.  
San Dimas, CA 91773  
Phone: (909) 394-6293

## Registration Information

**Registration begins on Monday, July 10.**

### New Students

If you are new to the AWD/IMPACT program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at [impact@mtsac.edu](mailto:impact@mtsac.edu).

1. Complete the School of Continuing Education Application (noncredit)  
[www.mtsac.edu/noncreditapp](http://www.mtsac.edu/noncreditapp)
2. Complete the AWD/IMPACT Student Intake Form  
[www.tinyurl.com/AWDintake](http://www.tinyurl.com/AWDintake)
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

### Current Students

**Online:** Students taking online classes must complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at [www.mtsac.edu/noncreditapp](http://www.mtsac.edu/noncreditapp)

**In Person:** Students taking classes in person can complete the noncredit application online at [www.mtsac.edu/noncreditapp](http://www.mtsac.edu/noncreditapp). Or, students can complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

### Need help?

Come see us in person! We have application workshops and registration support dates out in the community at a location near you. See the following pages for details.

# Fall 2023

## Registration Support Days

Fall Term: August 28 - December 15



Scan to view  
instructions on  
how to register



Fall 2023  
Registration Opens  
July 10

Need Help? Come see us!

<b>Mon. July 10</b>	10am-12pm	Heritage Park, Diamond Bar
<b>Tue. July 11</b>	10am-12pm	Diamond Bar Center
<b>Wed. July 12</b>	10am-12pm	Washington Park Community Center, Pomona
<b>Thur. July 13</b>	9am-11am	West Covina Senior Citizen's Center
<b>Tue. July 18</b>	9am-11am	Walnut Senior Center
<b>Wed. July 19</b>	10am-12pm	La Verne Community Center
<b>Thur. July 20</b>	10am-12pm	Palomares Senior Center, Pomona
<b>Mon. July 24</b>	9am-11am	San Dimas Senior Center
<b>Tue. July 25</b>	10am-12pm	Irwindale Senior Center
<b>Wed. July. 26</b>	11am-1pm	Julia McNeil Senior Center, Baldwin Park

### Registration Inquiries

📞 909-274-4220  
✉️ eoa@mtsac.edu  
🌐 mtsac.edu/eoa

### Follow us on Social Media

📺 @mtsacimpact  
📺 @mtsaceoa  
📺 @mtsac\_eoa

## Additional Program Information

### About the Adults with Disabilities AWD/IMPACT Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

### Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

### Counseling

Our Adults with Disabilities (AWD/IMPACT) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

### Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD/IMPACT Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

## Class Schedule

### Budgeting and Money Skills

#### ACCS ILSBB Independent Living Skills – Basic Budgeting and Money Management

Build independent living skills through personal basic money management and budgeting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23967	M	10:00 AM	12:25 PM	8/28	12/11	Mt. SAC; 40-119	Fears-Hackett, Lisa lfears@mtsac.edu

#### ACCS ILMS Independent Living Skills – Money Skills

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23806	T	9:00 AM	11:20 AM	8/29	12/12	SD	Espinoza, Laura lespinozarodriguez@mtsac.edu
23805	T	1:00 PM	3:50 PM	8/29	12/12	Mt. SAC; 40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu

#### ACCS IBSID Introduction to Banking for Students with Intellectual Disabilities

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23790	W	9:00 AM	11:50 AM	8/30	12/13	LV	Luu, Jennifer jluu15@mtsac.edu

## Communication and Managing Relationships

### ACCS ILSRR Independent Living Skills – Romantic Relationships

Overview of adult relationships including friendships, romantic, and intimate relationships.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23814	M	9:00 AM	11:50 AM	8/28	12/11	CMRMPK	Albertson, Sydney salbertson1@mtsac.edu
23813	W	10:00 AM	12:25 PM	8/30	12/13	Mt. SAC; 40-119	Albertson, Sydney salbertson1@mtsac.edu



## Functional Skills for Academic Success

### ACCS ELL01 Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development.

*For more information about these classes, please contact a counselor.*

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23923	M	10:00 AM	12:25 PM	8/28	12/11	Mt. SAC; 40-121	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23924	T	10:00 AM	12:25 PM	8/29	12/12	Mt. SAC; 40-121	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23926	W	10:00 AM	12:25 PM	8/30	12/13	Mt. SAC; 40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu
23925	Th	10:00 AM	12:25 PM	8/31	12/14	Mt. SAC; 40-121	Espinoza, Laura lespinozarodriguez@mtsac.edu

### ACCS MBS Independent Living Skills – Memory Building Skills

Memory building skills for students with developmental disabilities.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23817	W	1:00 PM	3:50 PM	8/30	12/13	Mt. SAC; 40-119	Luu, Jennifer jluu15@mtsac.edu

## Lifelong Learning and Community Involvement

### ACCS ELL01 Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development.

*For more information about these classes, please contact a counselor.*

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23927	M	9:00 AM	11:30 AM	8/28	12/11	Mt. SAC; 40-126	Zapata, Kristine kzapata5@mtsac.edu
23928	M	12:30 PM	3:00 PM	8/28	12/11	Mt. SAC; 40-126	Zapata, Kristine kzapata5@mtsac.edu
23922	Th	10:00 AM	12:25 PM	8/31	12/14	Mt. SAC; 40-119	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu

### ACCS ILPLS Independent Living Skills – Practical Living Skills

Practical living skills to successfully integrate into the community setting.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23807	T	9:00 AM	11:50 AM	8/29	12/12	ONLINE - Synchronous	Zapata, Kristine kzapata5@mtsac.edu

### ACCS ILSPC Independent Living Skills – Personal Care

Daily living skills in personal care.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23812	M	9:00 AM	11:50 AM	8/28	12/11	LV	Espinoza, Laura lespinozarodriguez@mtsac.edu
23810	T	10:00 AM	12:25 PM	8/29	12/12	Mt. SAC; 40-119	Phamle, Skyler sphamle@mtsac.edu

### ACCS ILCS Independent Living Skills – Consumer Skills

Basic consumer skills for students with intellectual disabilities to improve independent living.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23791	W	9:00 AM	11:50 AM	8/30	12/13	CMRMPK	Reyes, Oscar oreyes25@mtsac.edu

**ACCS ILHFS Independent Living Skills – Health and Fitness**

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23969	M	10:30 AM	11:20 AM	8/28	12/11	PVPK	Ramirez, Briseida bramirezcatalan@mtsac.edu
23792	Th	10:30 AM	11:55 AM	8/31	12/14	PLUM	Albertson, Sydney salbertson1@mtsac.edu

**ACCS ILSD Independent Living Skills - Self Determination**

Self-determination skills for students including personal responsibility, choices, and skills and limits.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23808	T	10:00 AM	12:25 PM	8/29	12/12	Mt. SAC; 80	Ramirez, Briseida bramirezcatalan@mtsac.edu
23809	F	9:00 AM	11:50 AM	9/1	12/15	LV	Cardona, Yasmin ycardona3@mtsac.edu

**OAD BHTH1 Brain Health 1**

Critical thinking and cognitive skills through understanding key structures and functions of the brain. Particular focus on auditory processing.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23706	F	12:30 PM	2:00 PM	9/1	12/15	ONLINE - Synchronous	Zapata, Kristine kzapata5@mtsac.edu

## Personal Safety and Emergency Preparedness

### ACCS ILSSS Independent Living Skills – Safety Skills

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23816	T	9:00 AM	11:50 AM	8/29	12/12	PVPK	Reyes, Oscar oreyes25@mtsac.edu
23815	Th	1:00 PM	3:50 PM	8/31	12/14	Mt. SAC; 40-119	Medina, Allison amedina41@mtsac.edu

### ACCS IAEP Interacting with Emergency Personnel and Authorities

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23789	Th	9:00 AM	11:50 AM	8/31	12/14	PVPK	Medina, Allison amedina41@mtsac.edu

## Preparing for a Career

### ACCS SSW Social Skills for the Workforce

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23919	W	10:00 AM	12:25 PM	8/30	12/13	Mt. SAC; 80	Ramirez, Briseida bramirezcatalan@mtsac.edu

### ACCS RRW Introduction to your Rights and Responsibilities in the Workplace

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23918	Th	10:00 AM	12:25 PM	8/31	12/14	Mt. SAC; 80	Zapata, Kristine kzapata5@mtsac.edu

## Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at [www.mtsac.edu/ea](http://www.mtsac.edu/ea).



# SCHOOL OF CONTINUING EDUCATION STUDENT ONLINE SUPPORT

# SCE SOS

The SCE SOS Team

provides, LIVE, one-on-one help for noncredit students who need assistance with any technology help.

## Join us on Zoom or In-Person!

### HELP WITH:

- Mt. SAC Portal
- ZOOM
- Mt.SAC Email
- Canvas
- SCE Application
- Other online help!

### SUMMER 2023 HOURS ON ZOOM:

**Monday-Thursday: 9am-1pm & 3pm-7pm**

### SUMMER 2023 HYBRID HOURS (IN-PERSON OR ON ZOOM)

**Mondays: 9am - 1pm (Location: Bldg 30, Rm 111 or on Zoom)**

**Tuesdays: 9am - 1pm (Location: Bldg 66, Rm 171 or on Zoom)**

### CONTACT US:



ZOOM: <https://mtsac-edu.zoom.us/j/95117998111>

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join →



EMAIL: [sce@mtsac.edu](mailto:sce@mtsac.edu)



CALL: (909) 274-6100



## Semester Dates

### Fall 2023

**Registration Begins:** July 10, 2023

**Classes Begin:** August 28, 2023

**Classes End:** December 17, 2023

**Holidays:** September 4, November 10, November 23, and November 24

### Winter 2024

**Registration Begins:** November 6, 2023

**Classes Begin:** January 8, 2024

**Classes End:** February 18, 2024

**Holidays:** January 15 and February 16

### Spring 2024

**Registration Begins:** January 16, 2024

**Classes Begin:** February 26, 2024

**Classes End:** June 16, 2024

**Holidays:** April 1 and May 27

### Summer 2024

**Registration Begins:** May 6, 2024

**Classes Begin:** June 20, 2024 (*Thursday*)

**Classes End:** Varies, see schedule for details

**Holidays:** July 4