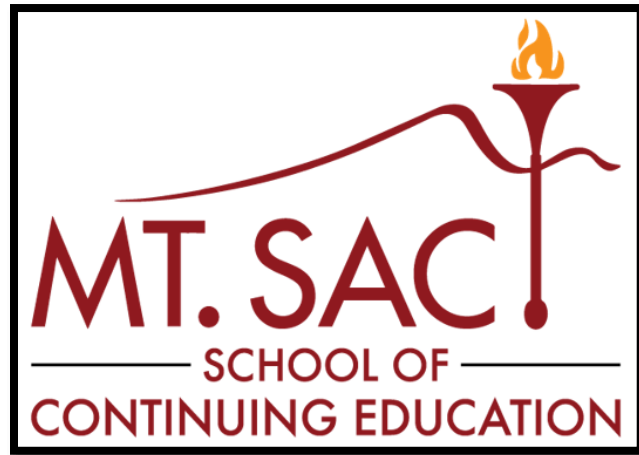


Education for Older Adults Class Schedule Fall 2023



August 28 to December 17, 2023
Holidays: 9/4, 11/10, 11/23, and 11/24
Registration begins on Monday, July 10

Contact Us

Phone

Registration inquiries: 909-274-4220

Program inquiries: 909-274-4192

Email

eoas@mtsac.edu

Website

www.mtsac.edu/eoa

Facebook

www.facebook.com/mtsaceoa

Instagram

www.instagram.com/mtsac_eoa

Version 2: Updated 7/6/23
Schedule subject to change.

Table of Contents

Class Location Key	3
Registration Information	5
Additional Program Information	7
Class Schedule	8
Brain Health Classes	8
OAD BHTH1 – Brain Health 1	8
OAD BHTH 2 – Brain Health 2	8
Healthy Aging Classes.....	9
OAD MOX01 Healthy Aging	9
OAD MOX01 Healthy Aging (Continued)	10
OAD MOX01 Healthy Aging (Continued)	11
OAD MOX02 Healthy Aging - Principles of Slow Movement	12
OAD MOX04 Healthy Aging - Principles of Posture and Flexibility	13
OAD MOX04 Healthy Aging - Principles of Posture and Flexibility (Continued)	14
OAD MOX06 Healthy Aging - Principles of Aquatic Resistance	15
OAD MOX11 Healthy Aging – Fall Prevention Balance and Mobility.....	16
Painting and Drawing	17
OAD FNA03 Oil Painting	17
OAD FNA04 Watercolor Painting.....	17
OAD FNA32 Drawing— Beginning-Advanced	18
Vocational Re-Entry Program	19
SCE SOS Tech Support	20
Semester Dates	21

Class Location Key

BPAQ ... Baldwin Park Aquatic Center

4100 Baldwin Park Boulevard
Baldwin Park, CA. 91706
(626) 813-5270

BPSC ... Baldwin Park Julia McNeil Senior Center

4100 Baldwin Park Blvd,
Baldwin Park, CA 91706
(626) 813-5245

CSCC ... Covina Senior & Community Center

815 North Barranca Avenue
Covina, CA 91723
Phone: (626) 430-2284

DBC ... Diamond Bar Center

1600 S. Grand Ave.
Diamond Bar, CA 91765
Phone: (909) 839-7070

ESGVJC ... East San Gabriel Valley Japanese

Community Center
1203 W Puente Avenue
West Covina, CA 91790
Phone: (626) 960-2566

GPP ... Ganesha Park Pool

1575 N. White Ave.
Pomona, CA 91768
Phone: (909) 620-2304

GSC ... Gibson Senior Center

250 N. 3rd Ave.,
Upland, CA 91786
Phone: (909) 981-4501

IRC ... Irwindale Recreation Center

5050 Irwindale Ave.
Irwindale, CA 91706
Phone: (626) 430-2248

IRWN ... Irwindale Senior Citizen's Center

16116 Arrow Hwy.
Irwindale, CA 91706
Phone: (626) 430-2284

LV ... La Verne Community Center

3680 D Street
La Verne, CA 91750
Phone: (909) 596-8776

Mt. SAC ... Mt. San Antonio College

1100 N. Grand Ave.
Walnut, CA 91789
Phone: (909) 274-4220

PLUM ... Stanley Plummer Building

245 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6290

PSC ... Palomares Senior Center

499 East Arrow Highway
Pomona, CA 91767
Phone: (909) 620-2324

SD ... San Dimas Senior/Community Center

201 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6293

WALT ... Walnut Senior Center

21215 La Puente Rd.
Walnut, CA 91789
Phone: (909) 598-6200

WCSCC ... West Covina Senior Citizen's Center

2501 E. Cortez St.
West Covina, CA 91791
Front desk (626) 331-5366

WPK ... Washington Park

865 E. Grand Avenue
Pomona, CA 91766
Phone: (909) 620-2305

WSSC ... William Steinmetz Senior Center

1545 South Stimson Avenue
Hacienda Heights, CA 91745
Phone: (626) 934-7041

Registration Information

Registration begins on Monday, July 10.

How to Register for a Class

Online: Students taking online classes must complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

In Person: Students taking classes in person can complete the noncredit application online at www.mtsac.edu/noncreditapp. Or, students can complete a yellow registration card. This registration card serves as your application and registration document. You can get a blank yellow registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

Need help?

Come see us in person! We have application workshops and registration support dates out in the community at a location near you. See the following pages for details.

Fall 2023

Registration Support Days

Fall Term: August 28 - December 15



Scan to view instructions on how to register



Fall 2023
Registration Opens
July 10

Need Help? Come see us!

Mon. July 10	10am-12pm	Heritage Park, Diamond Bar
Tue. July 11	10am-12pm	Diamond Bar Center
Wed. July 12	10am-12pm	Washington Park Community Center, Pomona
Thur. July 13	9am-11am	West Covina Senior Citizen's Center
Tue. July 18	9am-11am	Walnut Senior Center
Wed. July 19	10am-12pm	La Verne Community Center
Thur. July 20	10am-12pm	Palomares Senior Center, Pomona
Mon. July 24	9am-11am	San Dimas Senior Center
Tue. July 25	10am-12pm	Irwindale Senior Center
Wed. July. 26	11am-1pm	Julia McNeil Senior Center, Baldwin Park

Registration Inquiries

📞 909-274-4220
✉ eoa@mtsac.edu
🌐 mtsac.edu/eoa

Follow us on Social Media

📺 @mtsacimpact
📘 @mtsaceoa
📷 @mtsac_eoa

Additional Program Information

About the Education for Older Adults Program

Mt. San Antonio College's School of Continuing Education offers classes for older adults that provide opportunities for personal growth and development, community involvement, skills for mental and physical well-being, and economic self-sufficiency. Classes are available online and at various senior centers, community centers, and residential facilities. These courses are designed for older adults (age 55+ years). Education for Older Adults (EOA) students enter class with different levels of real world experience as well as a multitude of educational levels, age variances, and life skills. Some learn about emerging technology to improve communication, while others focus on healthy aging goals.

Do you have questions about a class?

All faculty members teach their classes slightly differently based on their knowledge, expertise, and teaching philosophy. It is the policy of Mt. San Antonio College to maintain and encourage freedom for its faculty, within the law, of inquiry, teaching and research, and the pursuit of knowledge. If you have questions about a specific class, we encourage you to email the faculty member.

Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Class Schedule

Brain Health Classes

OAD BHTH1 – Brain Health 1

Critical thinking and cognitive skills through understanding key structures and functions of the brain.
Focus on auditory processing

CRN	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23708	Th	1:00 PM	3:30 PM	8/29	12/12	ONLINE - Asynchronous 1:00 PM - 2:30 PM	Zapata, Kristine kzapata5@mtsac.edu

OAD BHTH 2 – Brain Health 2

Designed to improve age-related cognitive decline through preventative measures in order to strengthen and improve brain function. Focusing on visual processing.

CRN	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23710	T	1:00 PM	3:30 PM	8/29	12/12	ONLINE - Asynchronous 1:00 PM - 2:30 PM	White, Shelby swhite@mtsac.edu
23711	W	1:00 PM	3:20 PM	8/30	12/13	SD	Friedman, Karena kfriedman@mtsac.edu
23709	Th	10:00 AM	12:30 PM	8/31	12/14	ONLINE - Asynchronous 10:00 AM - 11:30 AM	Jones, Vanessa vjones11@mtsac.edu

Healthy Aging Classes

OAD MOX01 Healthy Aging

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness principles to maintain health while aging.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23842	M	7:30 AM	8:20 AM	8/28	12/11	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
23843	M	8:00 AM	8:50 AM	8/28	12/11	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23844	M	8:00 AM	8:50 AM	8/28	12/11	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
23845	M	9:00 AM	9:50 AM	8/28	12/11	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
23870	M	9:00 AM	9:50 AM	8/28	12/11	WCSCC	White, Shelby swhite@mtsac.edu
23862	M	9:30 AM	10:20 AM	8/28	12/11	SD	Castro, Candice ccastro@mtsac.edu
23833	M	1:00 PM	1:50 PM	8/28	12/11	CSCC	Castro, Candice ccastro@mtsac.edu
23859	MW	10:30 AM	11:20 AM	8/28	12/13	PSC	McLaren, Erin emclaren@mtsac.edu
23871	MW	10:45 AM	11:35 AM	8/28	12/13	WPK	Jones, Vanessa vjones11@mtsac.edu
23865	MWF	8:00 AM	8:50 AM	8/28	12/15	WALT	McLaren, Erin emclaren@mtsac.edu
23834	MWF	9:00 AM	9:50 AM	8/28	12/15	DBC	TBA eoa@mtsac.edu
23866	MWF	9:30 AM	10:35 AM	8/28	12/15	WALT	Cole, Danelle dcole18@mtsac.edu
23835	MWF	10:00 AM	10:50 AM	8/28	12/15	DBC	TBA eoa@mtsac.edu
23830	MTWThF	11:00 AM	12:05 PM	8/28	12/15	BPSC	Ortiz, Frank fortiz27@mtsac.edu

OAD MOX01 Healthy Aging (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23847	T	8:00 AM	8:50 AM	8/29	12/12	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23867	T	9:00 AM	9:50 AM	8/29	12/12	WALT	White, Elizabeth ewhite31@mtsac.edu
23848	T	10:00 AM	10:50 AM	8/29	12/12	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
23857	TTh	8:00 AM	8:50 AM	8/29	12/14	PLUM	Jones, Vanessa vjones11@mtsac.edu
23838	TTh	8:15 AM	9:35 AM	8/29	12/14	LV	Cole, Danelle dcole18@mtsac.edu
23852	W	7:30 AM	8:20 AM	8/30	12/13	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
23853	W	8:00 AM	8:50 AM	8/30	12/13	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23854	W	8:00 AM	8:50 AM	8/30	12/13	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
23856	W	9:00 AM	9:50 AM	8/30	12/13	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23855	W	9:00 AM	9:50 AM	8/30	12/13	ONLINE - Synchronous	Hunnicut, Leslie lhunnicut@mtsac.edu
23858	W	9:30 AM	10:20 AM	8/30	12/13	PLUM	Jones, Vanessa vjones11@mtsac.edu
23863	W	10:30 AM	11:20 AM	8/30	12/13	SOP	Hunnicut, Leslie lhunnicut@mtsac.edu
23831	W	3:00 PM	5:00 PM	8/30	12/13	BPSC	Ezumah, Muna mezumah@mtsac.edu

OAD MOX01 Healthy Aging (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23849	Th	8:00 AM	8:50 AM	8/31	12/14	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23850	Th	10:00 AM	10:50 AM	8/31	12/14	ONLINE - Synchronous	Hunnicutt, Leslie lhunnicutt@mtsac.edu
23851	Th	11:00 AM	11:50 AM	8/31	12/14	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23837	Th	1:00 PM	1:50 PM	8/31	12/14	IRWN	Gutierrez, Shawn cgutierrez64@mtsac.edu
23840	F	8:00 AM	8:50 AM	9/1	12/15	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
23868	F	9:00 AM	9:50 AM	9/1	12/15	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
23841	F	9:00 AM	10:30 AM	9/1	12/15	ONLINE - Synchronous	White, Shelby swhite@mtsac.edu
23861	F	9:30 AM	10:20 AM	9/1	12/15	SD	McLaren, Erin emclaren@mtsac.edu
23869	F	10:00 AM	10:50 AM	9/1	12/15	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
23836	F	1:00 PM	1:50 PM	9/1	12/15	IRWN	Miranda, Blanche bmiranda22@mtsac.edu
23846	Sa	8:30 AM	10:00 AM	9/2	12/16	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu

OAD MOX02 Healthy Aging - Principles of Slow Movement

Healthy aging, including diet, nutrition, disease prevention and application of Tai Chi Principles to maintain health while aging for the older adult.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23881	M	12:00 PM	1:25 PM	8/28	12/11	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
23882	M	1:30 PM	2:55 PM	8/28	12/11	WCSCC	Figueroa-Darby, Raea adarby1@mtsac.edu
23876	MW	9:00 AM	9:50 AM	8/28	12/13	IRWN	Figueroa-Darby, Raea adarby1@mtsac.edu
23877	MW	10:00 AM	10:50 AM	8/28	12/13	IRWN	Figueroa-Darby, Raea adarby1@mtsac.edu
23875	T	4:00 PM	4:50 PM	8/29	12/12	GSC	Chou, Kathy kchou@mtsac.edu
23879	Th	9:00 AM	9:50 AM	8/31	12/14	ONLINE - Synchronous	White, Shelby swhite@mtsac.edu
23873	Th	9:30 AM	11:20 AM	8/31	12/14	DBC	Figueroa-Darby, Raea adarby1@mtsac.edu
23878	Th	1:00 PM	2:50 PM	8/31	12/14	LV	Figueroa-Darby, Raea adarby1@mtsac.edu
23880	F	9:00 AM	10:50 AM	9/1	12/15	PLUM	Chou, Kathy kchou@mtsac.edu

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility

Health aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintaining health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23887	M	8:30 AM	9:50 AM	8/28	12/11	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23888	M	11:30 AM	12:50 PM	8/28	12/11	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23889	T	7:30 AM	8:20 AM	8/29	12/12	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
23890	T	9:00 AM	9:50 AM	8/29	12/12	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23897	T	9:00 AM	10:05 AM	8/29	12/12	PLUM	White, Shelby swhite@mtsac.edu
23883	T	10:15 AM	11:30 AM	8/29	12/12	DBC	White, Elizabeth ewhite31@mtsac.edu
23900	TTh	10:15 AM	11:05 AM	8/29	12/14	WCSCC	Cole, Danelle dcole18@mtsac.edu
23893	TTh	6:30 PM	7:50 PM	8/29	12/14	ONLINE - Synchronous	Cole, Danelle dcole18@mtsac.edu
23894	W	8:30 AM	9:50 AM	8/30	12/13	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23895	W	11:30 AM	12:50 PM	8/30	12/13	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23896	W	1:00 PM	1:50 PM	8/30	12/13	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu

OAD MOX04 Healthy Aging - Principles of Posture and Flexibility (Continued)

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23891	Th	7:30 AM	8:20 AM	8/31	12/14	ONLINE - Synchronous	Tan, Jeremy jtan9@mtsac.edu
23892	Th	9:00 AM	9:50 AM	8/31	12/14	ONLINE - Synchronous	Castro, Candice ccastro@mtsac.edu
23898	Th	9:00 AM	10:20 AM	8/31	12/14	PLUM	Chou, Kathy kchou@mtsac.edu
23885	F	8:30 AM	9:50 AM	9/1	12/15	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23884	F	11:00 AM	11:50 AM	9/1	12/15	IRWN	Cole, Danelle dcole18@mtsac.edu
23886	F	11:30 AM	12:50 PM	9/1	12/15	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu

OAD MOX06 Healthy Aging - Principles of Aquatic Resistance

Healthy aging, including diet nutrition, disease prevention, and application of aquatic resistance principles to maintain health while aging for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23902	MTWThF	8:00 AM	9:20 AM	8/28	12/15	BPAQ	Ortiz, Frank fortiz27@mtsac.edu
23903	MTWThF	9:30 AM	10:50 AM	8/28	12/15	BPAQ	Ortiz, Frank fortiz27@mtsac.edu
23901	MTWTh	7:15 PM	8:05 PM	8/28	12/14	BPAQ	Slim, Yamil yslim1@mtsac.edu
23904	MF	8:45 AM	9:35 AM	8/28	12/15	SDSR	TBA eoa@mtsac.edu
23905	MF	9:45 AM	10:35 AM	8/28	12/15	SDSR	TBA eoa@mtsac.edu
23906	TWTh	8:45 AM	9:35 AM	8/29	12/14	SDSR	Friedman, Karena kfriedman@mtsac.edu
23907	TWTh	9:45 AM	10:35 AM	8/29	12/14	SDSR	Friedman, Karena kfriedman@mtsac.edu

OAD MOX11 Healthy Aging – Fall Prevention Balance and Mobility

Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23914	M	10:00 AM	11:25 AM	8/28	12/11	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23915	M	1:00 PM	1:50 PM	8/28	12/11	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23910	T	11:00 AM	11:50 AM	8/29	12/12	IRWN	Castro, Candice ccastro@mtsac.edu
23911	TTh	1:30 PM	2:20 PM	8/29	12/14	LV	Slim, Yamil yslim1@mtsac.edu
23916	W	10:00 AM	11:25 AM	8/30	12/13	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23909	W	12:15 PM	1:05 PM	8/30	12/13	ESGVJC	McLaren, Erin emclaren@mtsac.edu
23917	Th	11:00 AM	12:05 PM	8/31	12/14	PSC	Gutierrez, Shawn cgutierrez64@mtsac.edu
23912	F	10:00 AM	11:25 AM	9/1	12/15	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu
23913	F	1:00 PM	1:50 PM	9/1	12/15	ONLINE - Synchronous	Klein, Gabriela gklein@mtsac.edu

Painting and Drawing

OAD FNA03 Oil Painting

Principles of drawing, design, color and composition for oil painting emphasizing creative skill development for the older adult population.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23769	W	1:00 PM	3:50 PM	8/30	12/13	WALT	Conte, Kelly kconte@mtsac.edu
23768	Th	9:00 AM	11:50 AM	8/31	12/14	WALT	Conte, Kelly kconte@mtsac.edu

OAD FNA04 Watercolor Painting

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23774	M	9:00 AM	11:50 AM	8/28	12/11	ONLINE - Synchronous	Tucker, Ray rtucker@mtsac.edu
23770	M	10:00 AM	11:50 AM	8/28	12/11	BPSC	Porter, Adam amickeyporter@mtsac.edu
23773	T	9:00 AM	11:50 AM	8/29	12/12	LV	Conte, Kelly kconte@mtsac.edu
23776	T	1:00 PM	3:50 PM	8/29	12/12	SD	Conte, Kelly kconte@mtsac.edu
23771	Th	1:00 PM	3:50 PM	8/31	12/14	DBC	Conte, Kelly kconte@mtsac.edu
23777	F	10:00 AM	12:30 PM	9/1	12/15	WCSCC	Conte, Kelly kconte@mtsac.edu
23772	F	12:55 PM	4:00 PM	9/1	12/15	LV	Tucker, Ray rtucker@mtsac.edu

OAD FNA32 Drawing— Beginning-Advanced

Drawing while emphasizing the development of perceptual and technical skills. Students will advance their abilities in dry and fluid media while expanding their use of the formal elements and principles. The development of works of art will utilize observation of single objects, still life and landscape for representation and expression.

CRN	Day(s)	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
23782	M	1:00 PM	3:50 PM	8/28	12/11	PSC	Porter, Adam amickeyporter@mtsac.edu
23779	T	12:30 PM	3:20 PM	8/29	12/12	DBC	Tucker, Ray rtucker@mtsac.edu
23781	W	9:00 AM	11:30 AM	8/30	12/13	ONLINE - Synchronous	Conte, Kelly kconte@mtsac.edu
23780	Th	8:55 AM	12:00 PM	8/31	12/14	LV	Tucker, Ray rtucker@mtsac.edu
23783	F	9:00 AM	11:50 AM	9/1	12/15	WSSC	Johnson, Bernard bjohnson98@mtsac.edu
23778	F	1:00 PM	3:05 PM	9/1	12/15	DBC	Cardona, Yasmin ycardona3@mtsac.edu

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.

SCE SOS

The SCE SOS Team

provides, LIVE, one-on-one help for noncredit students who need assistance with any technology help.

Join us on Zoom or In-Person!

HELP WITH:

- **Mt. SAC Portal**
- **ZOOM**
- **Mt.SAC Email**
- **Canvas**
- **SCE Application**
- **Other online help!**

SUMMER 2023 HOURS ON ZOOM:

Monday-Thursday: 9am-1pm & 3pm-7pm

SUMMER 2023 HYBRID HOURS (IN-PERSON OR ON ZOOM)

Mondays: 9am - 1pm (Location: Bldg 30, Rm 111 or on Zoom)

Tuesdays: 9am - 1pm (Location: Bldg 66, Rm 171 or on Zoom)

CONTACT US:



ZOOM: <https://mtsac-edu.zoom.us/j/95117998111>

- **Click the link above to join**
- **Type the URL address above to join**
- **Scan QR code to join** →



EMAIL: sce@mtsac.edu



CALL: (909) 274-6100



Semester Dates

Fall 2023

Registration Begins: July 10, 2023

Classes Begin: August 28, 2023

Classes End: December 17, 2023

Holidays: September 4, November 10, November 23, and November 24

Winter 2024

Registration Begins: November 6, 2023

Classes Begin: January 8, 2024

Classes End: February 18, 2024

Holidays: January 15 and February 16

Spring 2024

Registration Begins: January 16, 2024

Classes Begin: February 26, 2024

Classes End: June 16, 2024

Holidays: April 1 and May 27

Summer 2024

Registration Begins: May 6, 2024

Classes Begin: June 20, 2024 (*Thursday*)

Classes End: Varies, see schedule for details

Holidays: July 4