

# 2015 Leadership Conference MT. SAC Mt. San Antonio College

## Evaluation Results

Sponsored by Student Life and Associated Students

The Leadership Conference, a three day retreat at the UCLA Lake Arrowhead Conference Center, aimed to provide student leaders the opportunity to learn more about leadership skills through workshops and activities. This year, 41 students were selected through an application process to attend the retreat. All students completed an evaluation, the following is a snapshot of the views of the student leaders:

**56** students applied → **41** students were chosen ( **24** Associated Student leaders + **17** students at large )

Students were asked to rate the following on a Likert Scale:

**1** Strongly Disagree **2** Disagree **3** Neutral **4** Agree **5** Strongly Agree →

And then asked to provide an explanation for their rating:

100% of students rated these statements as either a 4 or 5

**This conference met my expectations:**

**36** Students Strongly Agreed

*"...we have become stronger leaders and have the ability to apply it at our college."*

**I believe that I will be more effective in working with others:**

**32** Students Strongly Agreed

*"I believe that knowing my strengths will help me to contribute to my groups. Knowing others personalities will also help me to communicate better with my peers."*

**I believe I learned more about diversity and advocacy:**

**33** Students Strongly Agreed

*"I have never been around so many people that have the same mindset and passion to strive as me but have all different perspectives of approaching them."*

**I believe I enhanced my leadership skills:**

**29** Students Strongly Agreed

*"The workshops and activities have reinforced my leadership skills and thoughts."*

**Most Helpful Workshops:**

**40** Students identified:  
**Diversity**  
*"being so open and honest was amazing and made me feel so accepted"*

**40** Students identified:  
**True Colors**  
*"helped me understand myself and others and to work better in teams"*

**39** Students identified:  
**Night Hike**  
*"allowed us to connect with our environment which is something not most of us do"*

**Workshop topics during the Academic Year:**

- Diversity Workshops
- True Colors for Clubs
- NDD (Nature Deficit Disorder) Awareness
- More Leadership Retreats
- Event Planning
- Public Speaking/Communication
- How to be an advocate

**Areas of Improvement:**

- Additional time for diversity to achieve added breadth and depth of identity development, LGBTQ identities, privilege and power, etc.
- Increased facilitator involvement (participate in appropriate activities)
- Be mindful of how labels are used in typology exercises
- Beware of competition use: activities should unite students

**Additional Student Comments:**

*"One if not the best conference I've attended"*  
*"Everyone was friendly and inclusive"*

*"Fantastic weekend. Every single staff member, the board of trustees, the vice president... all inspired me"*

